



USEFUL CONTACTS

To report and prevent GBV



Ambulance

Landline: 10177
Mobile: 112

Department of Social Development (Preventing GBV)

Call: 0800 428 428
Please call me: *120*7867#
Report a case online: <https://gbv.org.za/report-case/>

National Womens Abuse Helpline (24hours)

0800 150 150

Substance Abuse Alcoholics/Narcotics Anonymous

0861 435 722 or 0800 121 314
SMS: 32312
WhatsApp: 076 882 2775

Lifeline

0861 322 322 / 0800 150 150
WhatsApp 084 922 8808

Cape Town: (021) 461 1111
Khayelitsha: (021) 361 5855

Childline

0800 055 555 (toll free)

Child Abuse Badisa

Bellville: (021) 945 1064
Kraaifontein: (021) 987 2940 or 062 294 9241

Cape Town Child Welfare Society

021 638 3127

Rape Crisis (24hours)

Observatory: (021) 447 1467
Athlone: (021) 684 1180
Khayelitsha: (021) 361 9228
WhatsApp counseling: 0832225164

Saartjie Baartman Centre for Women and Children

Emergency shelter (Safe Accomodation),
Counseling, Legal Advice

Athlone: (021) 6335287

National Shelter Movement in South Africa

Helpline: 0820578600
E – Mail: infohelpline.womencentre.co.za

Mosaic Domestic Violence Support Groups

Cape Town: (021) 7617585

SADAG Depression and anxiety

0800 21 22 23
SMS: 31393
WhatsApp: 076 882 2775

Cipla 24hour Mental health line

0800 456 789

Suicide Hotline

0800567567
